

Welcome

Letter from the Owner

Thank you for your interest in our assisted living company. We have designed apartments that serve our seniors in a beautiful and friendly environment. We promote each resident's right to be as independent as possible, and value each resident as one would a family member.

Our smaller settings offer a higher quality of personalized care. Amenities include, but are not limited to, three meals a day in a social setting, housekeeping, laundry, and activities that are centered on the interests and well-being of our residents.

Rent is month to month and there are no hidden fees. Our apartments include studio and deluxe suites. We provide 24-hour assistance with professional staffing. Our services allow each resident to maintain a care-free and dignified style of living.

Robert E. Bradley, Managing Partner

The following information will help you understand the services our assisted living company offers to those aged 55 years and older. If you are interested in obtaining more information or would like a price list, please call our Helpline at the number below. We will be glad to assist you.

Fifth Season Assisted Living
Information Helpline: 618- 922 -8950

Stress Free Admission

Admission Process

- 1) Undergo a screening and discuss available options, costs, personal needs and any questions that the prospective resident or family may have.
- 2) Submit the enclosed application during your screening.
- 3) Undergo a “Physician physical” by your family doctor before moving in.
- 4) Submit a security deposit.

Easy Admission Process

Screening → Physical → Deposit → Admission



Same-day admission when necessary
Screening by trained professionals at no charge

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Affordable Rates

Rates

We invite you to compare our rates to the other licensed assisted living communities in our area. You will find we offer a high-quality service at a better value. Fifth Season Residential charges a “flat rate” for all housing services offered, and no hidden fees.

Deposit

All new residents must submit a non-refundable deposit in order to secure possession of an apartment. Once the deposit is paid, Fifth Season Residential may hold the apartment for up to two weeks, depending on availability, and at the manager’s approval.

Should the resident wish to continue to hold the apartment past the two-week period, the resident must pay rent, beginning the date following the two-week holding time.

Monthly Rent

Each resident’s rent is due in full on the first day of each month. Rent will differ depending on the size of the apartment, location of the apartment, number of bedrooms, the apartment layout, and the number of people sharing the apartment.

The individual monthly base rate, per resident for each apartment is listed on the facility rates sheets. If two related people share an apartment, then the charge for the second person is \$850.00. This fee is added to the full base rate each month.

Medication Supervision

Medication Supervision Program

Fifth Season Residential will remind each resident to take his or her medications at the appropriate times if needed. The rules to this program follow.

I. Family responsibility:

A resident representative must be designated, who will do the following:

- a. Choose a local pharmacy (unless resident is on a mail order program).
- b. Contact pharmacy and request they put the resident's medications in an organizer box.
- c. Request the medications be delivered to the facility – OR – bring the medications yourself.
- d. A resident's rep can organize the resident's medications if a "Medication Agreement: is signed – OR – the resident uses mail order medications.
- e. Representatives are to notify management when medications change.

II. Staff responsibility:

According to the Illinois Department of Public Health Assisted Living and Shared Housing Code:

- a. Staff CAN remind and observe the resident to take medications according to the physician orders. This will be documented each time.
- b. Staff CANNOT measure/organize medications, handle medications outside of the container, place medications in a dispensing cup, or measure out or inject meds. We also cannot administer eye drops, prick fingers, give enemas, provide wound care, or apply ointments.

NOTE #1: Several pharmacies will organize and deliver medications at no extra cost. Ask management for a list.

NOTE #2: An updated list of medications is kept on file. Please notify management of all changes regardless of whether residents are on a medication reminder program.

NOTE #3: To ensure that all residents are safe, those who wish to self-medicate will undergo a screening by our nurse consultant.

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Professional Service

Fifth Season Services

Personal care assistance	Medication reminders
Housekeeping and Laundry	Emergency call lights
24-hour staffing	Scheduled activities
Free basic cable television	Private telephone line access
On-site beauty salon	Private mail boxes
Three meals daily	Snack station available at all times
Mini-kitchen in each apartment	Socialization and activities



Beauty Salon: Our stylists are self-employed and will provide information upon request. Appointments may be made by notifying management.

Telephone: Private lines are provided in each apartment as an optional feature. Cost for telephone use is the responsibility of the resident.

Mail: Incoming mail will be delivered to the resident's mailbox by the U.S. Postal Service. Outgoing mail may be placed in the outgoing box, and will be picked up by the mail carrier.

Medication: All medications must be stored in a locked area at all times. The only exceptions are prescriptions that must be kept on the resident at all times. Fifth Season Residential has the right to control medication storage as necessary to insure safety of all residents.

Outings: Residents are encouraged to go on outings as they wish. However, to determine the whereabouts of a resident (if necessary), each resident must sign out when leaving and sign back in upon return.

Dining Accommodations

MEALS

Breakfast	07:30 a.m. – 8:30 a.m. *
Lunch	12:00 p.m.
Dinner	5:00 p.m.

** Continental breakfast available for those coming to breakfast past 8:30 a.m.

Guest Meals: Family and friends are welcome. Advanced notice is required in order to insure enough food is prepared to accommodate guests. Cost for guest meals is \$5.00 per person. Payment is expected at the time of meal.

Big versus Small

Why are Fifth Season communities small?

Our philosophy is to provide the best environment for seniors without making them feel they are in an “institution”. We feel this is best accomplished in a smaller, beautiful environment with more personal one-on-one experiences.

A smaller community provides:

- Higher staff-to-resident ratio;
- Quicker recognition of resident problems or health issues;
- Better response time when needing help;
- Better communication between residents, families, and staff;
- More focused approach to coordination of service and care;
- More Individualization, closer relationships and;
- Less chance of getting “lost in the shuffle”.



Who is the most appropriate for a smaller community? Elders who:

- Need better nutrition and regular, high quality meals;
- Need closer supervision of medications;
- Have a higher chance of falling;
- Need a little assistance in dressing, showering, or grooming.
- Are prone to depression;
- Have numerous health issues, without complications;
- Have no relatives nearby;
- Are lonely or are afraid to live alone;
- Have mild – moderate forgetfulness or dementia.

A Small community makes a big difference

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What is Respite?

Another option we offer is temporary, short-term housing when:

- Families/caregivers go out of town.
- Elderly want to “winter” with us then return home in the spring.
- Recuperating from simple or minor surgery – with minimal lifting needed.

Why is respite important?

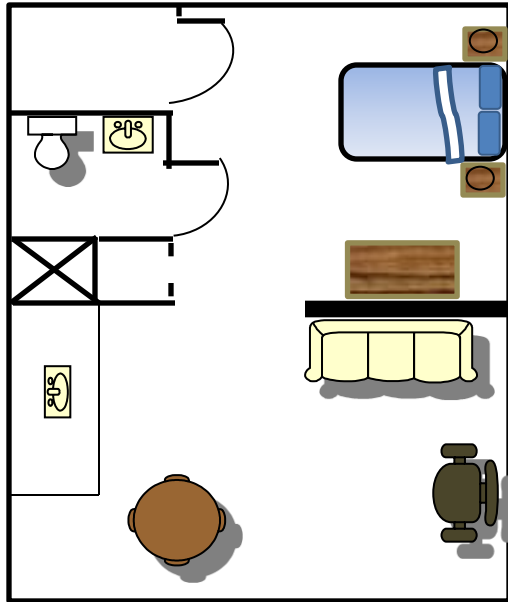
- Reduces stress in families.
- Supports the elderly who don't feel safe at home in the winter.
- Enhances recovery of ill and post-op patients.
- Enhances family coping abilities and reduces depression and anxiety.
- Increases feelings of security.
- Reduces permanent out-of-home placement.



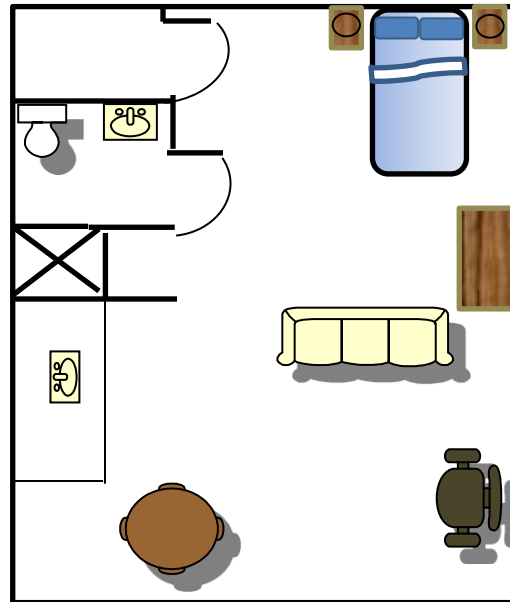
Services available during respite

- Regular daily staff oversight.
- Nursing, rehabilitation, and other home health – coordinated with your doctor.
- Housekeeping, laundry, personal care assistance, nutritious meals, medication reminders.
- Local transportation assistance to your doctor.

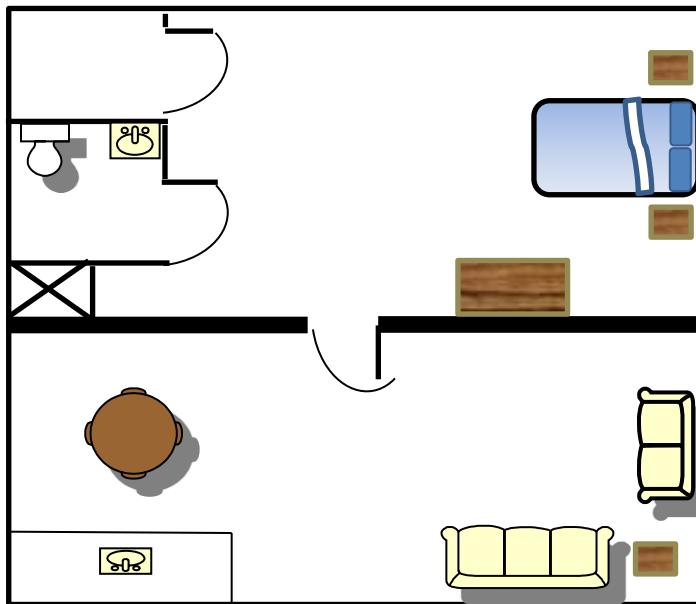
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STYLE A – studio with half-wall
418 SQ. FT.



STYLE B – studio without half-wall
418 SQ. FT.



STYLE C – One-bedroom
579 SQ. FT.

Assisted Living Apartments – Typical Layouts A through C

Note: Some floor plans and square footage may vary slightly due to location of facility.